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The compulsory fast of the (lunar) month Ramadan was given to mankind in 610 AD. After the Israelite people rejected Jesus, the son of Mary, as a Prophet of Allah Most High, and as the true Messiah, Allah Most High said to them: "You have rejected Me, so I will reject you." That was the most evil deed that they had ever committed in defiance of Allah Most High. His divine response was to expel them from the Holy Land and to ban them from entering it. Seventeen months after the Prophet's arrival in the city of Madina the Jews made clear their rejection of him. The implication of these dramatic changes was that Muslim community which followed Prophet Muhammad (PBUH) would be able to conquer the world. The divine wisdom recognized that power was essential for successful warfare and went on to recognize that the only way to achieve internal power was through fasting. It was in this context of the development of internal power that the compulsory fast of Ramadan was revealed. The message that comes from the Prophet Muhammad (PBUH) is this: "if you can fast for Allah, why can't you conquer the world?"